

NURSE AIDE

CLASS REQUIREMENTS

Age 16 or older

Must have Social Security number for background check and state testing

Ability to tolerate walking, standing and bending for extended periods of time

Maturity to understand and be comfortable with delivering sensitive personal care needs of residents

Passing of classroom content, skills proficiency, and a minimum attendance of 30 hours of class, 15 hours of lab and 30 hours of clinical experience to receive a certificate of completion per state law

Online free Mandatory Reporter of Dependent Adult Abuse course (<https://training.hs.iastate.edu/login/index.php>)

Clinical experiences take place at a variety of times during days, evenings and weekends

CERTIFIED NURSE AIDE

Short term career preparation 75-hour program. Provide basic patient care under the direction of nursing staff by supporting personal hygiene and daily living needs of the nursing facility resident, while maintaining a safe environment.

PREPARING FOR A HEALTHCARE PROFESSION

- Complete coursework or have working knowledge of medical terminology and human anatomy and physiology
- Read, write, and understand English at a 10th grade reading level
- Basic computer and keyboard skills, email address, ability to navigate the internet
- Ability to pass a background check
- Reliable transportation to class and clinical experience
- Current two-step TB test and up-to-date immunizations
- Level of maturity that demonstrates compassion, empathy and responsibility
- Ability to professionally communicate and interact with co-workers, peers, instructors, residents and families

CLASS CONTENT

Provide physical and emotional care for the residents in a nursing facility. Proficiency in obtaining vital signs, feeding, dressing, bathing, transferring, toileting, and other cares of the resident

TESTING CERTIFICATION

Must pass the computerized nurse aide exam and the nurse aide skills exam to be listed on the Iowa Direct Care Worker Registry, which enables you to work in long-term care.

ADDITIONAL ESTIMATED COSTS

- Closed-toe solid shoes
- Influenza vaccine (\$35)
- Two-step TB test (\$30)
- Background check (\$25)
- Updating immunizations
- Plain, light blue colored scrub pants & top (\$15-\$45)
- State computerized competency exam (\$55)
- Watch with a second hand (\$10-\$20)
- Transportation to the clinical site
- State skills competency exam (\$95)

IOWA VALLEY CONTINUING EDUCATION OFFERS

- Convenient locations
- Instructors with expert knowledge and experience in their fields
- Short-term career training programs that provide quick access to the work world
- Small class sizes allowing for more one-to-one interaction between students and instructors

Additional information and course schedules can be found at <https://ce.iavalley.edu/workforce-education/health>

