

# Iowa Valley Continuing Education Certified Nurse Aide Phase 1



## Certified Nurse Aide -

Short term career preparation 75-hour program. Provide basic patient care under the direction of nursing staff by supporting personal hygiene and daily living needs of the nursing facility resident, while maintaining a safe environment.

## Preparing for a Healthcare Profession -

- Completion of course work or working knowledge of medical terminology, human anatomy and physiology
- Read, write, and understand English at a 10th grade reading level
- Basic computer & keyboard skills, email address, ability to navigate the internet
- Ability to pass a background check
- Reliable transportation to class and clinical experience
- Current two step TB test
- Up to date Immunizations
- Level of maturity that demonstrates compassion, empathy, and responsibility
- Ability to professionally communicate and interact with co-workers, peers, instructors, residents and families

## Class content -

- To provide physical, and emotional care for the resident in a nursing facility
- To be proficient in obtaining vital signs, feeding, dressing, bathing, transferring, toileting, and many other cares of the resident

### Class Requirements

Age 16 or above

Must have and know your social security number for background check and state testing

Ability to tolerate walking and lifting for completion of lab, clinical skills, and future work duties

Level of maturity that can understand and be comfortable with delivering sensitive personal care needs of residents

State Law requires passing of the classroom content, proficiency in skills, a minimum attendance of 30 hours of class, 15 hours of lab and 30 hours of clinical experience to receive a certificate of completion.

Clinical experiences take place at a variety of times on evenings, weekends, and days.

### Additional estimated costs you will incur

Closed toe solid shoes

Influenza vaccine - \$35

Plain light blue colored scrub pants and top - \$15-45

State computerized competency exam - \$55

State skills competency exam - \$95

Two-step TB test - \$30

Transportation to the clinical site

Updating immunizations

Watch with a second hand - \$10-20

Background Check - \$25

Mandatory Reporter of Dependent Adult Abuse Training - \$39

### Testing Certification

Must pass the computerized nurse aide exam and the nurse aide skills exam to be listed on the Iowa Direct Care Worker Registry which enables you to work in long term care.

### Iowa Valley Continuing Education offers:

- Convenient locations
- Instructors with expert knowledge and experience in their fields
- Short term programs offer quick access to the work world
- Small class size allows for more one to one interaction between students and instructors

Additional information and specific course scheduled can be found at <https://ce.iavalley.edu/workforce-education/health/>