

Iowa Valley Community College- ECC/MCC
Return to Athletics Protocol- COVID-19

Updated July 30, 2021

The goal of the Iowa Valley Community College District is to ensure the health and safety of our athletes during their transition back on campus. ECC/MCC athletics will follow CDC, State of Iowa and County Health guidelines to the best of our ability.

<https://www.cdc.gov/coronavirus/2019-ncov/community/colleges-universities/index.html>

Vaccinations are highly recommended and will be available at various times at vaccination clinics upon arrival.

Student-Athlete Positive for COVID-19

ALL Positive Covid-19 individuals **will be isolated** until cleared, with clearance form, by a MD when reaching the appropriate return date. Once cleared by MD the individual will begin RTP protocol with ATC/coaching staff.

Student-athletes with COVID-19 are considered infectious 48 hours prior to symptom onset until:

- At least 10 days since symptoms first appeared AND,
- At least 24 hours with no fever without fever-reducing medication AND,
- Other symptoms of COVID-19 are improving.

Persons who tested positive for COVID-19 but did not develop symptoms are considered infectious 48 hours prior to date of specimen collection until:

- 10 days have passed following the date the positive specimen was collected.

The above guidance applies to both unvaccinated and vaccinated individuals.

Close Contacts with Positive Covid-19 Individual

Quarantine if you have been in [close contact](#) (within 6 feet of someone for a total of 15 minutes or more) with someone who has COVID-19.

Options for Returning to Full Activity after Close Contact:

1. **Fully VACCINATED do NOT need to quarantine** after contact with someone who had COVID-19 unless they have symptoms. **(MUST Provide proof of vaccination)**
 - a. Highly recommend wearing a mask and may require testing 3-5 days after exposure.
2. Unvaccinated- Return after day 10 without testing (**Day 11 Return**)
3. Unvaccinated- Return after day 7 with a negative test result (test must be on day 5 or later) (**Day 8 Return**)

UNVACCINATED AND VACCINATED, asymptomatic contacts should self-monitor symptoms carefully and report if symptoms occur.

- Those people who experience COVID-19 symptoms should stay home, clinically evaluated, and be tested for COVID-19 infection if clinically indicated.

Symptomatic Student-Athlete

(No close contact)

All student-athletes that experience Covid-19 symptoms are required to report, quarantine and do one/both of the following before returning to class/sport:

1. Contact MD for guidance and provide written clearance to return to classroom/activities.

OR

2. Tested, provide negative test result before returning to all activities.

Testing

Testing might occur when needed if advised from the Iowa/County Health Departments and/or the Athletic Staff.

International Students

Vaccinated Students

- Will need to provide negative test within 72 hours of arrival
- **No quarantine needed upon arrival**
- Provide proof of vaccination
- Test 3-5 Days after arrival

Unvaccinated Students

- Will need to provide negative test within 72 hours of arrival
- **Will need to quarantine until retested 3-5 days after arrival with negative results**