

Protocol for Students Testing Positive or Direct Exposure to COVID-19

Effective August 11, 2022, student protocols for [isolation and quarantine](#) have been updated based on guidance from the Centers for Disease Control (CDC). Note: The following may be subject to change.

Students who test positive for COVID-19 or who are sick and suspect COVID-19 (Isolate):

- Do not come to campus or attend classes.
- Immediately notify the College by completing the COVID-19 student reporting form <https://www.iavalley.edu/covid-student-reporting/>. In addition, housing students should contact a Residence Life staff person immediately for housing procedures.
- Isolate at home for at least five days. Day 1 is the first full day after your symptoms developed, or if no symptoms, the first full day after you were tested. After five full days:
 - If you still have symptoms and a fever, continue to stay home until your fever resolves (i.e., 24-hours fever-free).
 - If your symptoms have improved and you are fever-free, you can leave your house.
 - Continue to wear a mask around others for 5 additional days.
- At the College’s discretion, you may need to provide a release from your health care provider before returning to campus/classes
- For those isolating due to COVID-19 symptoms (but waiting on a test result), you can end isolation following a negative test, assuming you are fever-free for 24 hours and symptoms have resolved or are improving. Those with a positive test result should follow the isolation procedure above.

Students who were exposed to someone with COVID-19:

If you: Have no symptoms	<ul style="list-style-type: none"> • Wear a mask around others for 10 days. • Test on day 6, if possible. <ul style="list-style-type: none"> ○ If you test negative, continue taking precautions through Day 10 (i.e., wear high-quality mask when around others at home and indoors in public). ○ If you test positive, isolate immediately and follow process above, “Students who test positive for COVID-19 or who are sick and suspect COVID-19 (Isolate)” <p><i>If you develop symptoms get tested and stay home.</i></p>
If you: Have symptoms	<ul style="list-style-type: none"> • Do not come to campus or attend classes and follow process above, “Students who test positive for COVID-19 or who are sick and suspect COVID-19 (Isolate)” • Immediately notify the College by completing the COVID-19 student reporting form https://www.iavalley.edu/covid-student-reporting/. Housing students should contact a Residence Life staff person immediately for housing procedures. • Wear a mask around others for 10 days. • Test on day 6, if possible. <ul style="list-style-type: none"> ○ If you test negative, continue taking precautions through Day 10 (i.e., wear high-quality mask when around others at home and indoors in public). ○ If you test positive, isolate immediately and follow process above, “Students who test positive for COVID-19 or who are sick and suspect COVID-19 (Isolate)”

- At the College’s discretion, you may need to provide a release from your health care provider before returning to campus/classes.

We encourage students to get vaccinated, wear a mask and stay at home when you are sick. If you are not vaccinated, contact your local health provider or search [Vaccines.gov](https://www.vaccines.gov) for vaccine availability.

There may be situations that are not covered in the above protocols. If you have questions please contact the Dean of Students office on your campus.

Other Helpful Links:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html>

Testing Information:

<https://doineedacovid19test.com/>

<https://www.covid.gov/tests> (to order free at-home tests)