

Iowa Valley Community College- ECC/MCC
Return to Athletics Protocol- COVID-19

Updated Jan 14, 2022

The goal of the Iowa Valley Community College District is to ensure the health and safety of our athletes during their transition back on campus. ECC/MCC athletics will follow CDC and County Health guidelines to the best of our ability.

<https://www.cdc.gov/coronavirus/2019-ncov/community/colleges-universities/index.html>

Vaccinations are highly recommended and will be available at various times at vaccination clinics upon arrival.

Testing

Testing might occur when needed if advised from the Iowa/County Health Departments and/or the Athletic Staff.

Student-Athlete Positive for COVID-19

Everyone, regardless of vaccination status.

- Stay home & **Isolate** for 5 days.
- If you have **no symptoms or your symptoms have resolved** after 5 days, you can leave Isolation on Day 6 (**MUST be cleared to do so by AT staff**)
 - Must continue to wear a mask around others for 5 additional days.
- Severe symptomatic cases/high risk individuals may require MD clearance per ATC staff request.
- Return to Sport date will depend on ability to wear mask during competition.

If you have a fever, continue to stay home until your 24-hour fever free.

Close Contacts with Positive Covid-19 Individual

Quarantine if you have been in [close contact](#) (within 6 feet of someone for a total of 15 minutes or more) with someone who has COVID-19.

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J vaccine within the last 2 months

OR

Have had a confirmed positive Covid-19 within the last 90 days

- Wear a mask around others for 10 days.
- Test on day 5, if possible.
- Return if sport allows participation with mask worn
- *If you develop symptoms get a test and stay home.*

If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated

- Stay home/quarantined for 5 days.
- After that continue to wear a mask around others for 5 additional days.
- Test on day 5 if possible.
- *If you develop symptoms get a test and stay home*

Symptomatic Student-Athlete (no close contact)

All student-athletes that experience Covid-19 symptoms are required to report, quarantine and do one/both of the following before returning to class/sport:

1. Contact MD for guidance and provide written clearance to return to classroom/activities.

OR

2. Tested, provide negative test result before returning to all activities.

International Students

- Will need to quarantine until tested 3-5 days after arrival with negative results